



ICEHONGKONG

將世界帶入課室 在課室環遊世界

探索月歷
Explorers' Month

日本

Japan



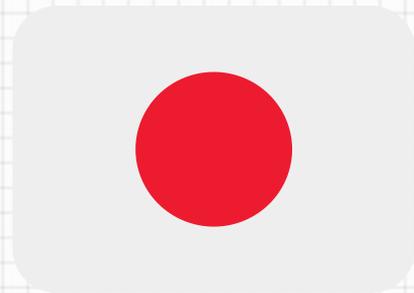
ARMCHAIR TRAVELLER

TRAVEL GUIDE 2 GO~



COUNTRY OF THE MONTH:

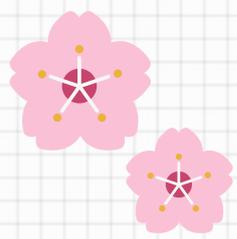
JAPAN



icehongkong



interculturaleducation



JAPAN 101

- Japan, 日本, Nihon or Nippon
- Capital: Tokyo
- Official Language: Japanese
- Anthem: "Kimigayo" ("君が代")
- Population: 125 M (as of 2021)



Japan, located in East Asia, is an archipelago containing 6852 islands. Japan's five main islands are Hokkaido, Honshu, Shikoku, Kyushu, and Okinawa. The capital city, Tokyo is also Japan's largest city. Other big cities that you can visit and enjoy include Yokohama, Osaka, Nagoya, Sapporo, and Kyoto. It is the eleventh-most populous country in the world with more than 125 million people.

#1



Japanese Language



The Japanese Language ("Nihongo") is the official language of Japan. The Japanese writing system consists of three different character sets: Kanji, Hiragana, and Katakana.



Greetings

kon'nichiwa
こんにちは

Hello (during daytime only)

sumimasen
すみません

Excuse me

arigatou (gozaimasu)
ありがとうございます

Thank you

Food

ikura desu ka
いくらですか。

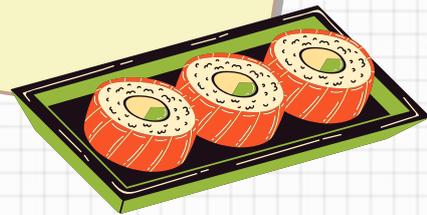
How much is it?

osusume wa arimasu ka
おすすめはありますか。

Do you have any recommendations?

kore wo kudasai
これをください

Please give me this one



Daily

takushi noriba wa doko desu ka
タクシー乗り場はどこですか?

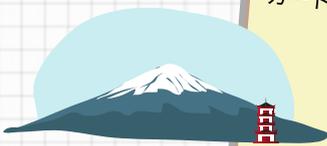
Where is the taxi stop?

toire wa doko desu ka
トイレはどこですか。

Where is the toilet?

kaado wa tsukae masu ka
カードは使えますか。

Can I use credit card for payment?



#2



Tourist Spots



Golden Pavilion

Kinkakuji, also known as Golden Pavilion is a [Zen temple](#) in northern Kyoto. Kinkakuji is an impressive structure built overlooking a large pond, and is the only building left of Yoshimitsu's former retirement complex. Right now, it is a must-visit when you go to [Kyoto](#).



Mount Fuji

Mount Fuji, also known as [Japan's Highest mountain](#) stands on the [border between Yamanashi and Shizuoka](#) prefectures and can be seen from Tokyo on clear days. If you take the "shinkansen" (bullet train) from Tokyo, the best view of the mountain can be enjoyed from around Shin-Fuji Station on the right hand side of the train.



Tokyo Imperial Palace

Tokyo Imperial Palace is located at on the former site of Edo Castle, a [large park area](#) surrounded by moats and massive stone walls in the [center of Tokyo](#), a short walk from Tokyo Station. It is the residence of Japan's Imperial Family. Also, visitors are able to take guided tours of the palace grounds without entering any building.

#3



More Place For You to Explore...



Jigokudani Monkey Park

The Jigokudani Monkey Park is located in Yamanouchi, [Nagano prefecture](#). The name Jigokudani means "Hell's Valley". It is due to the steam and boiling water that bubbles out of small crevices in the frozen ground, surrounded by steep cliffs and cold and hostile forests. It is home to a lot of Japanese snow monkeys.

Shirakawago

The Shirakawago is located in the [Gifu prefecture](#). It has 2 major sightseeing spots. The [Unesco World Heritage](#) and the Hirase [hot spring village](#). "World Heritage Area" consists of gasho style houses built from around 1800. The "Hirase hot spring village" is an area with rural beauty. The waters of Hirase hot springs are drawn from the foot of Mt. Haku, one of Japan's three famous mountains, and are said to promote beautiful skin, making them popular with female visitors.



Hakkejima

The Hakkeijima Sea Paradise is an [amusement park](#) located on a small island in the [south of downtown Yokohama](#). It has a beautiful aquarium and is one of the most visited amusement park. There are two main attractions in this amusement park; the Aqua Resorts, which have aquariums and museums and Pleasure Land which have many fun rides for all ages.

#4



Food



#1

Sushi is widely known Japanese cuisine that is served everywhere around the world. It usually consists of raw fish with vinegar rice. There are a lot of sushi variants. People usually eat sushi with wasabi/soy sauce.



#2

Ramen is a Japanese noodle dish that comes with many variations depending on the area the dish is served. The noodles are served with hot soup and a few toppings.



#3

Tonkatsu is a deep-fried dish from Japan. It usually used pig's back, deep fried after coating them with bread crumbs and then served with rice, vegetables, and tonkatsu sauce.



#4

Soba is a Japanese noodle dish made from buckwheat. Soba can be served in two different ways; either with cold dipping sauce or with hot noodle soup.



#5

Unagi is a Japanese eel dish that is really popular even outside Japan. It is a common ingredients in Japanese cooking. One of the popular Unagi cuisin is Undon. It is an unagi served on top of rice.



#6

Onigiri, also known as omusubi or rice ball, is a Japanese food made from rice and wrapped in nori (a kind of seaweed). It is usually filled with various toppings (like salmon/beef) and can be found in most convenience store.



Natto is a Japanese superfood made from fermented soybeans. It is well regarded as a super food due to its **high nutrition content** (e.g. vitamin k2 and probiotics). At the same time, it is notorious for its **slimy texture** and **pungent smell**.

#4



Food



#7

Ichigo daifuku is a type of "wagashi" or Japanese Confection. This daifuku consists of glutinous rice cake or "mochi" filled with sweet fillings. Daifuku is usually served with green tea.



#8

Tempura is a deep fried dish from Japan. It can be seafood, meat, and vegetables depending on the dish. It is usually served with dipping sauce or in combination with other food like soba.



#9

Kushiyaki is a skewered meat. It is usually made with two different types of seasoning; salty and sweet. Usually, a kushiyaki consist of meat and vegetables skewered together.



#10

Takoyaki or octopus ball is a Japanese snacks made with wheat-flour cooked in a speial pan. It is usually filled with minced octopus or other fillings. It was first popularized in Osaka.



#11

Kakigōri is a Japanese shaved ice dessert usually served with syrup or condensed milk. Kakigori is usually sold at street stalls and often in festivals.



#12

Gyoza, or Japanese pan-fried dumpling, is filled with ground meat and vegetables and wrapped in a thin dough. Gyoza is usually served with ramen or fried chicken.

With more than 4 million **vending machines** in Japan, it easily ranks **first** in per-capita vending machines, with interesting ones that sell **Sake** (Japanese rice wine), fresh fruits and popcorns invented!



#5



Festivals in Japan



Sapporo Snow Festival ❄️

The Sapporo Snow Festival is held annually during one week in Hokkaido's capital Sapporo. The Sapporo Snow Festival started when high school students built a few snow statues in Odori Park.

There are three main sites: Odori, Susukino, Tsudome. In the Odori site, there are snow sculptures, a skating rink and concerts. The Susukino site offers the Ice Sculpture Contest. The Tsudome site is a family-oriented site whereby parents and children can have fun on slides and snow rafts.

Pole Lantern Festival 🏮

The Pole Lantern Festival, also known as the Kanto Matsuri, is a celebration that held every year during early August.

This festival highlighted the display of impressive skills of performers that balanced the Kanto or long bamboo poles using their body. The Kanto poles come in different sizes with the largest one measuring in 12 meters, weighing 50 kilograms and carrying around 46 lanterns. The lanterns are lit by real candles.



#6



Recommended Restaurant to Try in Japan



Torishiki (鳥しき)

Torishiki is a "Yakitori" (Grilled Chicken) restaurant located in Shinagawa city, Tokyo. It won The Tabelog Gold Award since 2017. Yakitori itself is askewerd chicken dish that is really popular in Japan. Just like Kushiyaki, Yakitori can be served with two different seasonings; sweet and salty.

Address:

2 Chome-14-12 Kamiosaki, Shinagawa City, Tokyo 141-0021, Japan

